

# Grrr! Gear NEWS

Give it your best shot

Volume 1 | Issue 2 | August 2009 | [www.grrrgear.com](http://www.grrrgear.com) | 978.544.5444



## Good times at the Lobster Classic

You couldn't have asked for more perfect weather at this year's Lobster Classic, especially considering last year's heat and humidity. Things were hot in the field this year though, and plenty of laughs and good shooting made for a memorable weekend. We got to visit with some great folks – Larry Corbett and Mike Oliver from North Carolina's Rose Hill Farm, Lewis McMurrin, Bruce Ney, Bob Marcotte, and a lot of Canadian shooters as well.

We also had the privilege of shooting in the squad behind Jack Concannon, which was a joy to watch. Addieville East's owner Geoff Gaebe did a great job playing host, and hats off as well to Jack O'Brien and Chuck Frazier for setting the targets. Nice job, fellas!

Don't forget to mark your calendars for August 22<sup>nd</sup>, the **Grand Opening** of our Grrr! Gear retail store, on East Main Street in Orange. You'll meet this month's spotlight interviewee, Bob Mastroianni, our friends from SunBuster, and others.

### *Chris and Al Noyes*

Chris and Al Noyes, Proprietors



*Grrr Gear Spotlight Interview:*

### Bob Mastroianni, Breakpoint Management Shooting School

"You have to build on a solid foundation."

**By John W. DeWitt and Jake Ware**

This month's interview spotlight features Bob Mastroianni, shooting instructor from Break Point Management Shooting School, based in Monson, MA. We sat down to talk to Bob about teaching the fundamentals of shooting and his love of sporting clays.

**Q: How long have you been teaching and what do you teach?**

**A:** I have been teaching full-time for five years and part-time three years before that. We teach sporting clays, 5-stand, FITASC, rifle and handgun. When you're training somebody, you're not training to shoot just one discipline– it's the basic fundamentals that you're trying to get down with the student at first. Most students – when they start and even students that have been shooting for some time – don't have good basic fundamentals that they can depend on.

*(Interview continued on page 2)*

## Events

### Grand Opening August 22 in Orange, MA

We are already up and running – now we're celebrating with a Grand Opening event that will be fun for the whole family – and an opportunity for some great deals!

### Featured Products



#### Fasten' Brass

A hassle-free way to attach your competitor number to your shooting apron, vest or jacket. Boxed set of 4. Available in 12g, 20g and 28g.

### Lobster Classic Results for Grrr! Gear FITASC

Champion – Tracy D. Newell – 85

Lady's – Stefani Steinkraus – 67

Class M – Andy Duffy – 84

Class AA – Godfrey P. Shelton – 81

Class A – Michael R. Oliver – 72

Class B – Andy Savage – 67

Class C – Gary J. Gerbin0 – 62

Class D – David Condon – 61

Class E – Joseph A. Viscegelgia – 45

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**Q: What are the basic fundamentals of shooting?**

**A:** To be a consistent shooter, you must be able to see what you are doing, meaning pictures target/barrel relationship. You need to be able to perform all three methods of shooting – swing through, pull away and maintained lead. You need a solid foundation. You have to master your basic fundamentals – not just your gun mount. There are a series of things: visual pick up area, foot position, hold point, eye-muzzle-line, insertion point, and break point. A consistent shooter will do this over and over again, time after time.

Basically, in this sport, you're trying to get your muzzle and the target going at the same rate of speed. This is your connection to the target – recognizing that the two are going at the same speed slows everything down.

**Q: If you had to tell a student one thing, what would it be?**

**A:** Most people shoot way too fast. I tell them to slow down. We have a saying: "50/51." if your target is going 50 mph, your muzzle wants to be going 51 mph to achieve the lead. Most times, the person's muzzle is going 100 mph and the target is going 50 mph. It's a proven fact your eyes are trained to go to the fastest moving thing in your vision, so you do not want it to be your muzzle. If it is your muzzle, your eyes will be drawn to it, so you want it to be your target.

Second, I tell shooters to look at the leading edge of the target. Most people think they're looking at the target and they're not. They're looking at the target with their secondary vision, and they need to look at the target with their primary vision. This is a visual game, a visual sport – if you're not seeing the target, chances are you're not going to hit it.

**Q: What do you enjoy most about teaching?**

**A:** The shooting sports I've competed in – rifle, handgun, shotgun – I have achieved the level of Master in all of them. These sports have done so much for me, so I thought it would be great to return the favor to the sport and the people who need help. It is very gratifying to watch somebody come from where they started, to achieving what they are capable of doing. A lot of people will reach a certain point in their shooting ability. They may get themselves to C or B class, and then what they are doing doesn't seem to work anymore. They may have a great day and shoot well and the next time out they struggle. They got there on their natural ability. What I find is that they don't have a good foundation of fundamentals. Like building a house, you can't start on the second floor, you have to build on a good solid foundation. That's when an instructor can take them and hone them into a well-rounded shooter. If you watch any good shooter they are always in control. They look like they are in slow motion. And most of all, they make it look easy.

## Chris' Recipe Corner

### Black Bean Chili

#### Seasoning Mix:

1 t. chili powder  
1 t. paprika  
1 t. black pepper  
1 t. red pepper  
½ t. oregano  
1 t. cumin

1 lb. ground beef, venison or bear  
1 28 oz. can crushed tomatoes  
1 28 oz. can tomato sauce  
2 medium onions, chopped  
1 green pepper, diced  
1 red pepper, diced  
1 Jalapeno pepper, minced  
2 cloves garlic, minced  
2 16 oz. cans corn, drained  
2 16 Oz. cans black beans, drained and rinsed  
hot sauce to taste

Mix seasonings together. Brown ground meat and drain. Add the seasoning mix and all other ingredients except corn and beans. Simmer for two hours. Add corn and beans during the last 20 minutes of cooking.

## Grrr! Gear, Inc.

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